

datum
Wedstrijd

6/09/2025
Open

DALO Lommel (B)

2		4		3		3	
	loopn.			ver	kogel	discus	hoog
13,30	100 m	AMH d	13,30	G recrea	js h	kad h	
13,35		kad d			mas M35-45	mas M60-65	
13,40		schol d			mas M50-55	mas M70-75	
13,45		jsm d				mas M80+	
13,50		kad h	13,45	kad d	kad h	schol h	
13,55		schol h		schol d	mas M70-75	mas M50-55	
14,00		jsm h		jsm d			
14,05		AMH h		AMH d			
14,10		G recrea	14,00				kad h
14,30	200 m	kad d					schol h
14,35		schol d					jsm h
14,40		jsm d	14,15		schol h	js h	
14,45		kad h			mas M60-65	mas M35-45	
14,50		schol h	15,00	kad h	kad d	js d	
14,55		jsm h		schol h	schol d	mas W35-40-45	
15,30	800 m	kad d		jsm h		mas W50-55-60+	
		schol d		AMH h		mas W65-70-75+	
		jsm d	15,45		js d	schol d	
		kad h			mas W35-40-45	kad d	
		schol h			mas W50-55-60+		
		jsm h			mas W 75+		
16,15	2000 m	kad d					
		schol d					
		kad h					
		schol h					
17,00	10 000	jsm d					
18,00	10 000	jsm h					

Heren	cad	100	200	800	2000
		kogel	discus	ver	hoog
	schol	100	200	800	2000
		kogel	discus	ver	hoog
	jsm	100	200	800	10 000
		kogel	discus	ver	hoog
Dames	cad	100	200	800	2000
		kogel	discus	ver	
	schol	100	200	800	2000
		kogel	discus	ver	
	jsm	100	200	800	10 000
		kogel	discus	ver	
	G recrea	100	ver		
Heren	AMH	100	ver		
Dames	AMH	100	ver		