

datum:

12/09/2021

wedstrijd:

open meeting

DALO Lommel (B)

	loopn.			ver	discus	speer	kogel	hoog
14u00	100 m	G recrea	14u00		js h	js d	schol h	kad d
		AMH d			mas M35-45	mas W35/45	mas M60-65	schol d
		AMH h				mas W50-55		jsm d
		kad d	14u15	G recrea		mas W60-65-70		
		schol d				mas W75+		
		jsm d						
		kad h						
		schol h	14u45		schol h	js h	kad h	
		jsm h			mas M50-55	mas M35-45	mas M70-75	
15u00	1000 m	kad d					mas M80+	
		schol d	15u00					
		jsm d						
		kad h						
		schol h	15u30	kad d	js d	kad d	js h	
		jsm h		schol d	mas W35-40-45	schol d	mas M35-45	
16u00	300 m	kad d		jsm d	mas W50-55-60+		mas M50-55	
		schol d		AMH d	mas W 75+			
		jsm d						
		kad h						
		schol h						
		jsm h	16u15	jsm h	kad h	schol h	kad d	
16u45	uurloop	jsm d		AMH h	mas M60-65-70+	mas M50-55	schol d	
			17u00		schol d	kad h	js d	
					kad d	mas M60-65	mas W35-40-45	
						mas M70-75	mas W50-55-60+	
						mas M80+	mas W75+	
18u00	uurloop	jsm h						

Categorie België				Categorie Nederland			
heren	kad	100 m	300m	1000			jun C
	schol	100 m	300m	1000			Jun B
		100 m	300m	1000	uurloop		Jun A / Sen / Veteranen
dames	kad	100 m	300m	1000		hoog	jun C
		ver	discus	speer	kogel		
	schol	100 m	300m	1000		hoog	Jun B
		ver	discus	speer	kogel		
	jsm	100 m	300m	1000	uurloop		Jun A / Sen / Veteranen
		ver	discus	speer	kogel	hoog	
G recrea	M+V	100 m	ver				
AMH	M+V	100 m	ver				